2023-2025 Multi Year Plan

FY 2025 ANNUAL IMPLEMENTATION PLAN

Area Agency on Aging Region III-A

DRAFT





Planning and Service Area

Kalamazoo County

Area Agency on Aging Region III-A

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Executive Summary

Include a summary that describes the AAA and the implementation plan including a brief description of the PSA, the AAA's mission, and primary focus for FY 2025.

Instructions

Please include in the Executive Summary a brief description of the following:

- A. The PSA and any significant new priorities, plans, or objectives set by the AAA for the use of federal and state funding during FY 2025. If there are no new activities or changes, note that in your response.
- B. Describe how the AAA educates the public, its partners, and service providers on the Administration for Community Living (ACL) and the ACLS Bureau expectations regarding targeting older adults in the greatest social and/or economic need including populations that have been historically underserved.
- C. Current information about contingency planning for potential reduced federal funding (if plans include the pursuit of alternative funding, identify specific funding sources).
- D. Progress made through advocacy efforts to date and focus of advocacy efforts in FY 2025.
- E. A brief description of AAA's successes over the past year and any anticipated challenges.

The Area Agency on Aging Region 3A (R3A) plays a crucial role in the Public Health sector of Kalamazoo County. As one of only two Area Agencies in Michigan that are connected to a County Government Health Department, R3A occupies a unique position in supporting the Aging Community. Operating as part of Kalamazoo County Health and Community Services (KCHCS), our primary objective is to enhance the health of all Kalamazoo County residents. Our overarching vision is to create a community where social, mental, physical, and environmental health equity is attainable for every resident. Kalamazoo County encompasses a diverse range of urban, suburban, and rural communities, and the R3A's person-centered approach to addressing individual needs greatly benefits the population. AAA3A fulfills these needs by aligning with the mission and vision of KCHCS, thereby serving the aging population through the provision of services, advocacy, and community empowerment.

A: No new activities or changes: R3A continues to act upon its Senior Needs Assessment to meet the needs of the PSA. Primary focus continues with Awareness of community resources, adequate and affordable housing, community connectedness, transportation, and workforce recruitment and retention.

B: R3A is well-connected with the local aging network and public health network. This has included partnerships developed through the implementation of the Local Senior Millage, Public Health Initiatives, and services that are contracted and funded by the ACL and ACLS. By establishing this network, R3A disseminates information through the empowerment of these partnerships. By doing so, R3A is able to share information, as well as receive referrals from, organizations that serve individuals in greatest social and economic need.

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C: R3A, as part of Kalamazoo County Government, does receive direct funding for support of Older Adults. These funds have been utilized to stabilize and alleviate demands on State and Federal OAA grants. However, R3A is currently undergoing a renewal process for its Senior Millage, which could affect available services and contingency planning. The Senior Millage will go before voters on August 6, 2024.

D: R3A has previously worked closely with a local agency for advocacy efforts. Unfortunately, in 2023 the local group disbanded, which has provided opportunities for R3A to fill in gaps of advocacy. R3A is in process of developing new positions that will expand advocacy efforts from R3A, included more time and staff allocation for participation in local Coalitions (Elder Abuse Prevention, Elder Death Review, and Caregiver Coalition).

E: R3A has greatly expanded services in the community through dynamic implementation of the local Senior Millage. R3A increased funded services from 27 in 2023, to 45 in 2024. Of these services, older adults served increased from 8400 to over 10,000. R3A continues to work closely with Local County Government to ensure the residents of the services area receive the services needed to help them age in their community.

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County/Local Unit of Government Review

The Michigan Department of Health and Human Services (MDHHS) recognizes the importance of local collaboration including consultation of the complete AIP for each AAA with their county/local unit of government to encourage and foster collaboration between Older Americans Act (OAA) programming and that provided by other non OAA resources.

The Area Agency on Aging (AAA) must send a notification of the complete AIP to the chairperson of each County Board of Commissioners. Notification can be sent via U.S. Mail or by electronic means, with delivery and signature confirmation, no later than June 21, 2024. For a Planning and Service Area (PSA) comprised of a single county or portion of the county, notification of the AIP is to be sent to each local unit of government. The AAA must notify their Bureau of Aging, Community Living, and Supports (ACLS Bureau) Field Representative by July 22, 2024, of any comments or feedback received from their county/local unit of government. If no comments or feedback were received, please indicate that in your response. AAAs are encouraged to provide a copy of their official press release for public hearing to their county/local unit of government as well. The AAA may use electronic communication, including email and website-based documents, as an option for local government notification and consultation of the AIP. To employ this option, the AAA must do the following:

- Send a letter through the U.S. Mail, with delivery and signature confirmation, or an email requiring a response confirming receipt to the chief elected official of each appropriate local government advising them of the availability of the final draft AIP on the AAA's website.
- Offer to provide a printed copy of the AIP via U.S. Mail, or an electronic copy via email, if requested.
- Be available to discuss the AIP with local government officials, if requested.
- Request email notification from the local unit of government of their feedback of the AIP or concerns.

Instructions

Describe the AAA's efforts, including use of electronic communication, to distribute the AIP to the appropriate county and/or local units of government to gain support.

TRIBAL NOTIFICATION

The Michigan Department of Health and Human Services (MDHHS) has an established relationship of working directly with the Federally Recognized Sovereign Indian Tribes of Michigan (Tribes). As part of this work, MDHHS recognizes the importance of Tribal notification including consultation of the complete AIP for each AAA within their PSA to encourage and foster collaboration between Title III and Title VI programming as outlined in the Older Americans Act (OAA).

AAAs, please send an official notification of your complete AIP for any Tribe(s) within your PSA for their review and consultation. If there are no Tribes within the PSA, please indicate that in your response and if a Tribe crosses more than one PSA, each AAA is still expected to send their AIP to Tribes within the PSA. Notification can be sent via U.S. Mail or by electronic means, with delivery and signature confirmation, no later than June 21, 2024. The AAA will notify their ACLS Bureau Field

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Representative by July 22, 2024, of any comments or feedback received from their Tribe(s). If no comments or feedback are received, please indicate that in your response. The AAA may use electronic communication, including email and website-based documents, as an option for Tribe notification and consultation of the AIP. To employ this option, the AAA must do the following:

- Send a letter through the U.S. Mail, with delivery and signature confirmation, or an email requiring a response confirming receipt to the Chairperson of the Tribal Council advising them of the availability of the final draft AIP on the AAA's website (instructions for how to view and print the document must be included).
- Offer to provide a printed copy of the AIP via U.S. Mail, or an electronic copy via email, if requested.
- Be available to discuss the AIP with Tribal elders and/or Tribal officials, if requested.
- Request email notification from the Tribe of their comments and feedback of the AIP or concerns.

Instructions

Describe the AAA's efforts, including use of electronic communication, to distribute the AIP to the appropriate Tribe(s) within your PSA for notification and consultation. Describe any current and future collaborative efforts with Tribe(s) within your PSA including any anticipated outreach efforts. AAAs, note whether your Policy and Advisory Boards have representation from the Tribe(s) and/or elders within your PSA. If not, describe the AAAs efforts to build and foster relationships with the Tribe(s) to encourage potential representation on these respective boards.

To initiate local unit of government review, AAA3A will send a certified letter via U.S. Mail to all 24 elected municipal officials in Kalamazoo County on May 10, 2024. Letters include information on accessing and printing the draft AIP from AAA3A's website, how to request a hard copy that can be provided via U.S. Mail, and details of the public hearing scheduled for June 12, 2024. Officials are encouraged to review, provide comments, and approve or disapprove of the draft AIP by July 22, 2024. Furthermore, the draft AIP will be provided to the Kalamazoo County Board of Commissioners (BOC) on May 29, 2024 for their review, input, and approval or disapproval at the July 2, 2024 BOC meeting.

Kalamazoo County is home to many diverse communities including the federally recognized tribe of the Nottawaseppi Huron Band of the Potawatomi Indians (NHBP Tribe). The tribe has two main offices, one of which is located at the Pine Creek Indian Reservation in Kalamazoo County, and currently has approximately 1,600 members. In ensuring inclusive communication, a hard copy of the draft AIP, corresponding weblink, and notification of the upcoming public hearing, will be provided to Jamie Stuck, Tribal Council Chairperson, and Dan Green, Chief Planning Officer. These materials will be provided via U.S. Mail with delivery confirmation and by email with corresponding read receipts on May 10, 2024. Notification will also be provided to the NHBP Tribe when AAA3A's AIP is complete via the same means described.

Currently, AAA3A does not have tribal representation on our Policy or Advisory Boards. AAA3A will communicate this representation goal to the Kalamazoo County Board of Commissioners (Policy Board),

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who oversee appointments to AAA3A's Older Adult Advisory Council (OASAC). Regardless of appointment status, NHBP Tribal Members are welcome and encouraged to participate in AAA3A's monthly public OASAC meetings for engagement and feedback. Details regarding OASAC meetings will be shared with Chairperson, Stuck and Mr. Green along with AIP notifications. The NHBP Tribe's 2023-2027 Strategic Plan speaks to the establishment of outside vendor partnerships to support Tribal Members of all ages, from newborns to Elders. AAA3A supports these efforts and will strive to develop a meaningful partnership and connection to our supportive services.

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Public Hearings

At least one public hearing on the FY 2025 AIP must be held in the PSA. Hearing(s) must be made accessible to all. Persons need not be present at the hearing(s) to provide testimony. E-mail and written testimony must be accepted for at least a 30-day period beginning when the summary of the AIP is made available.

The AAA must post a notice of the public hearing(s) in a manner that can reasonably be expected to inform the public about the hearing(s). Acceptable posting methods include, but are not limited to: paid notice in at least one newspaper or newsletter with broad circulation throughout the PSA; as well as news sources geared toward communities of color, tribal, Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ+), immigrant communities and/or other underrepresented groups; presentation on the AAA's website, along with communication via email and social media referring to the notice; press releases and public service announcements; and a notice to AAA partners, service provider agencies, older adult organizations, and local units of government. See Operating Standards for AAAs, Section B-2 #3. The public hearing notice should be available at least 30 days in advance of the scheduled hearing. This notice must indicate the availability of a summary of the AIP at least 14 days prior to the hearing, along with information on how to obtain the summary. All components of the AIP should be available for the public hearing(s).

Instructions

Complete the chart below regarding your public hearing(s). Include the date, time, number of attendees and the location and accessibility of each public hearing. Please scan any written testimony (including emails received) as a PDF and upload on this tab.

In addition, the AAA should also upload a copy of your official notice and/or press release(s) for a public hearing. Please describe the strategy/approach employed to encourage public attendance and testimony on the AIP. Describe all methods used to gain public input and any impacts on the AIP. Describe how the AAA factored the accessibility issues of the service population and others in choosing the format of the meeting.

For FY 2025, AAAs please describe how the agency involved the Policy and Advisory Boards with encouraging and promoting participation at the public hearings(s). Did a representative from either the Policy and/or Advisory Board attend the hearing(s)?

Date	Location	Time	Barrier Free?	No. of Attendees
06/12/2024	Kalamazoo County Health & C	03:30 PM	Yes	0

Cassie

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Regional Service Definitions

If the AAA is proposing to fund a new (not previously approved in this multi-year planning cycle) service category that is not included in the Operating Standards for Service Programs, then information about the proposed service category must be included in this section.

Instructions

Enter the new regional service name, identify the service category, and fund source, include unit of service, minimum standards and why activities cannot be funded under an existing service definition.

deminition.								
Service Name/Definition								
Rationale (Explain w	hy activities cannot be	e funded under an existing se	rvice definition.)					
Service Category		Fund Source		Unit of Service				
Access	Title III PartB	Title III PartD	Title III PartE					
In-Home	Title VII	State Alternative Care	State Access					
Community	State In-home	State Respite						
	Other							

Minimum Standards

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Access Services

Access services may be provided to older adults directly through the AAA without a direct service provision request. These services include Care Transition Coordination & Support; Care Management; Case Coordination and Support; Options Counseling; Disaster Advocacy and Outreach Programs; Information and Assistance; Outreach, with specific attention to outreach with underserved populations, and Merit Award Trust Fund/State Caregiver Support-funded transportation. If the AAA is planning to provide any of the above noted access services directly during FY 2025, complete this section.

Instructions

Select from the list of access services those services the AAA plans to provide directly during FY 2025, and provide the information requested. Specify, in the appropriate text box for each service category, the planned goals and activities that will be undertaken to provide the service.

The Area Plan Grant Budget that is uploaded and saved in AMPS must include each access service to be provided directly in the Direct Service Budget details tab. The funding identified in this tab should correspond to the funding (Federal OAA Title III or VII and state funds) identified in the Area Plan Grant Budget's Support Services Detail tab. The method of provision must be specified in the Service Summary tab.

Care Management

 Starting Date
 10/01/2024
 Ending Date
 09/30/2025

 Total of Federal Dollars
 \$160,511.00
 Total of State Dollars
 \$173,854.00

Geographic area to be served

Entire PSA

Specify the planned goals and activities that will be undertaken to provide the service.

Goal: Realign internal programming to reflect service-need level of clients and funding levels more accurately.

Action: Update internal procedures to streamline programmatic enrollment and client placement.

Action: Allocate more clients to programs funded through local Senior Millage as needed per funding and service-need.

Action: Continue review and standardization of procedures and staff trainings to ensure quality and consistency of service implementation.

Action: Complete annual review of 10% of care management participant files to ensure proper placement.

Number of client pre-screenings:	Current Year:	115	Planned Next Year:	135
Number of initial client assessments:	Current Year:	28	Planned Next Year:	26
Number of initial client care plans:	Current Year:	28	Planned Next Year:	26
Total number of clients (carry over plus new):	Current Year:	140	Planned Next Year:	166
Staff to client ratio (Active and maintenance	Current Year:	1:40	Planned Next Year:	1:40

per Full time care manager):

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Case Coordination and Support

<u>Starting Date</u> 10/01/2024 <u>Ending Date</u> 09/30/2025

Total of Federal Dollars \$1,200.00 Total of State Dollars \$0.00

Geographic area to be served

Entire PSA

Specify the planned goals and activities that will be undertaken to provide the service.

Goal: Realign internal programming to reflect service-need level of clients more accurately.

Action: Update internal procedures to streamline programmatic enrollment and client placement.

Action: Continue review and standardization of procedures and staff trainings to ensure quality and

consistency of service implementation.

Action: Complete annual review of 10% of care management participant files to ensure proper placement.

Goal: Maximize enrollment to program

Action: Update internal procedures to address waitlisted participants of lower-service need.

Action: Incorporate trainings with staff members to recognize participants who qualify for Case

Coordination and Support Program to facilitate enrollment.

Information and Assistance

Starting Date 10/01/2024 Ending Date 09/30/2025

Total of Federal Dollars \$58,500.00 Total of State Dollars \$0.00

Geographic area to be served

Entire PSA

Specify the planned goals and activities that will be undertaken to provide the service.

Goal: Improve and expand upon current procedures to provide quality care.

Action: Continue review and standardization of onboarding procedures and trainings with new and current staff members to ensure quality and consistency of service implementation.

Action: Update internal procedures to streamline resource vetting for additions to I&A resource database.

Outreach

Starting Date 10/01/2024 Ending Date 09/30/2025

Total of Federal Dollars \$7.000.00 Total of State Dollars \$0.00

Geographic area to be served

Entire PSA

Specify the planned goals and activities that will be undertaken to provide the service.

Goal: Continue building Outreach Program

Action: Identify community organizations that specifically target underserved populations and provide

aging-related information.

Action: Establish partnerships with community organizations to facilitate consistent on-site outreach and

professional relationship-building.

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Action: Establish formal marketing campaign to target increased service utilization form all municipalities within PSA.

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Direct Service Request

This section applies only if the AAA is submitting a <u>new request</u> to provide an in-home, community, or nutrition service <u>directly</u> that was not previously approved in this multi-year planning cycle.

It is expected that in-home, community, and nutrition services will be provided under contracts with community-based service providers, but when appropriate, AAAs can request to provide these services directly. Direct service provision requests must be approved by the Commission on Services to the Aging (CSA). Direct service provision is defined as "providing a service directly to a senior, such as preparing meals, doing chore services, or working with seniors in an adult day setting." Direct service provision by the AAA may be appropriate when, in the judgment of the ACLS Bureau: A) provision is necessary to ensure an adequate supply; B) the service is directly related to the AAA's administrative functions; or C) a service can be provided by the AAA more economically than any available contractor, and with comparable quality.

Instructions

Select the service from the list and enter the information requested pertaining to basis, justification, and public hearing discussion for any <u>new</u> Direct Service Request for FY 2025. Specify in the appropriate text box for each service category the planned goals and activities that will be undertaken to provide the service.

Direct service budget details for FY 2025 are to be included under the Direct Service Budget tab in the Area Plan Grant Budget. The funding identified in this tab should correspond to the funding (Federal OAA Title III or VII and state funds) identified on the Support Services Detail page.

Please skip this section if the AAA is not submitting a <u>new request</u> to provide an in-home, community, or nutrition service directly during FY 2025.

Caregiver Education, Support and Training

Total of Federal Dollars \$4,000.00 Total of State Dollars \$0.00

Geographic Area Served Entire PSA

Planned goals, objectives, and activities that will be undertaken to provide the service in the appropriate text box for each service category.

Caregiver Support Groups (Standard C-23)

Goal: Create an environment where caregivers feel seen, heard, and valued by prioritizing their mental and physical health, and providing space to build a sense of camaraderie among group members.

Action: Encourage open communication and active listening among group members to ensure everyone feels heard and supported.

Action: Ensure sustainability and long-term impact by facilitating knowledge-sharing and empowering caregivers with relevant information and resources.

Action: Recognize and appreciate Caregivers for who they are and what they do by validating their experiences, fostering connections, and combating feelings of isolation.

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Section 307(a)(8) of the Older Americans Act provides that services will not be provided directly by an Area Agency on Aging unless, in the judgment of the State agency, it is necessary due to one or more of the three provisions described below. Please select the basis for the direct service provision request (more than one may be selected).

- (A) Provision of such services by the Area Agency is necessary to assure an adequate supply of such services.
- (B) Such services are directly related to the Area Agency's administrative functions.
- (C) Such services can be provided more economically and with comparable quality by the Area Agency.
- (A) Provision of such services by the Area Agency is necessary to assure an adequate supply of such services.
- (C) Such services can be provided more economically and with comparable quality by the Area Agency.

Provide a detailed justification for the direct service provision request. The justification should address pertinent factors that may include: a cost analysis; needs assessment; a description of the area agency's efforts to secure services from an available provider of such services; or a description of the area agency's efforts to develop additional capacity among existing providers of such services. If the service is considered part of administrative activity, describe the rationale and authority for such a determination.

According to the U.S. Census Bureau (2017), by 2034 it is estimated that nationally, older adults will outnumber children under age 18 for the first time in US history. Additionally, the number of Americans aged 65 and over will nearly double by 2060, with 1 in 4 aged 65 or over. Kalamazoo County is not immune from this trend, as its own population is aging, with the 65+ group being the fastest growing between 2010 and 2021 (U.S. Census Bureau, 2022). Further, 90% of older adults want to age in their own home, which drives a significant demand for high-quality, lower-cost home-based support services. Unfortunately, it is widely known that Michigan, in concert with national trends, is facing a critical shortage of Direct Care Workers (DCWs). As plans are formulated and adopted to assist in this area, it is imperative that we support our informal caregivers, on whose shoulders fall the day-in and day-out caring for their loved ones. Sadly, 23% of U.S. caregivers say caregiving has made their health worse (National Alliance of Caregivers and AARP, 2020), and relatedly, 40% of Alzheimer's caregivers die before the person they are caring for passes (Stanford Univ., 2002). According to the National Institute of Health, depression occurs in 1 out of 3 caregivers of persons with dementia. As we are faced with this unparalleled interplay of a rapidly aging Baby-Boomer population, the shortage of trained, professional DCWs, and an increase in caregiving falling to family and friends, we are called to implement programs that assist and strengthen informal caregivers in any way we can. One important way to support these individuals is through a validating and empowering support group which fosters open communication, knowledge-sharing, recognition and appreciation of their sacrifices and efforts, and which also fosters connections to help combat feelings of isolation. Kalamazoo County does offer some wonderful support groups of this nature, but it is arguably not enough. At the time of this writing there are three known support groups in the area for this community. With the 65+ population increasing by 33.7% over the last decade (U.S. Census Bureau, 2022), it is of vital importance to allow Area Agency on Aging 3A to provide this direct service. AAA3A already has master level social workers on staff who can lead and facilitate this service and can provide the appropriate support and resources participants need. As clinically trained behavioral health clinicians, they are also equipped with the knowledge and skills to identify caregivers who may be struggling more than average and can intervene to provide additional support to get those individuals the direct help they need.

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Describe the discussion, if any, at the public hearings related to this request. Include the date of the hearing(s).

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Regional Direct Service Request

This section applies only if the AAA is submitting a <u>new request</u> to provide a regional service directly that was not previously approved in the multi-year planning cycle.

It is expected that regionally defined services, as identified in the category above, will be provided under contract with community-based service providers, but when appropriate, a regional service provision request may be approved by the CSA to be provided directly. The basis for requesting direct provision of a regional direct service by the AAA would be if, in the judgment of the ACLS Bureau: A) provision is necessary to assure an adequate supply; B) the service is directly related to the AAA's administrative functions; or C) a service can be provided by the AAA more economically than any available contractor, and with comparable quality.

Instructions

AAAs that have a new request to provide a regional service directly must complete this tab for each service category. Enter the regional service name in the box and click "Add." The regional service name will appear in the dialog box on the left after the screen refreshes. Select the link for the newly added regional direct service and enter the information requested pertaining to basis, justification, and public hearing discussion for any new regional direct service request for FY 2025. Also specify in the appropriate text box for each service category the planned goals and activities that will be undertaken to provide the service.

Regional Direct Service Budget details for FY 2025 are to be included under the appropriate tab in the Area Plan Grant Budget. The funding identified in this tab should correspond to the funding (Federal OAA Title III or VII and state funds) identified in the Area Plan Grant Budget, Support Services Detail page.

Total of Federal Dollars

Total of State Dollars

Geographic Area Served

Planned goals and activities that will be undertaken to provide the service in the appropriate text box for each service category.

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Section 307(a)(8) of the Older Americans Act provides that services will not be provided directly by an Area Agency on Aging unless, in the judgment of the State agency, it is necessary due to one or more of the three provisions described below. Please select the basis for the direct service provision request (more than one may be selected).

- (A) Provision of such services by the Area Agency is necessary to assure an adequate supply of such services.
- (B) Such services are directly related to the Area Agency's administrative functions.
- (C) Such services can be provided more economically and with comparable quality by the Area Agency.

Provide a detailed justification for the direct service provision request. The justification should address pertinent factors that may include: a cost analysis; needs assessment; a description of the area agency's efforts to secure services from an available provider of such services; or a description of the area agency's efforts to develop additional capacity among existing providers of such services. If the service is considered part of administrative activity, describe the rationale and authority for such a determination.

Describe the discussion, if any, at the public hearings related to this request. Include the date of the hearing(s).

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Approved MYP Program Development Objectives

APPROVED MYP GOALS AND OBJECTIVES

Goals and objectives previously set by the AAA and approved by the CSA in this multi-year planning cycle are included as read-only. For each of these established objectives, a text box is included for the AAA to provide information on progress toward the objectives to date. This text box is editable.

Instructions

Please provide information on progress to date for each established objective under the section tab entitled "Progress."

For the Diversity, Equity, and Inclusion (DEI) objective, the ACLS Bureau Operating Standards for AAAs have long required that preference be given to serving older persons in greatest social or economic need with particular attention to low-income minority elderly.

Please refer to Operating Standards for AAAs sections C-2 and C-4 along with the Document Library for the ACLS Bureau training completed on Embedding Diversity, Equity & Inclusion (DEI) within Aging Services across Michigan for the MYP Cycle.

Within the progress tab, ensure to address, at a minimum, the below:

Objective 1- Increase services provided to veterans Black, Indigenous (Tribal), and People of Color (BIPOC), and LGBTQ+ seniors served in your region. Please share progress made from FY 2023 through FY 2024 on this objective including any data that the AAA has collected and/or tracked that supports efforts to outreach and/or serve more BIPOC and LGBTQ+ seniors within the PSA. New for FY 2025 AIP, AAAs please describe current methods of outreach and/or targeting of older adults who have served in the US military and ways the AAA could potentially increase services and coordination for veterans and their spouses within the PSA.

Objective 2- Increase the number of AAA staff, providers, caregivers, and volunteers trained in implicit bias, cultural competencies, and root causes of racism. Please describe how the AAA ensures cultural competency trainings reflect the demographics of the seniors residing within the PSA and how the AAA evaluates how staff, providers, caregivers, and volunteers apply this training.

Objective 3- Increase availability of linguistic translation services and communications based on the cultural needs in the region in which you serve. Please include the top 3 requested linguistic translation services for your PSA. How does the AAA ensure staff are trained to identify a possible linguistic translation need of a senior, caregiver, and/or family member?

Area Agency on Aging Goal

A. Improve the Accessibility of Services to Michigan's Communities and People of Color, Immigrants and LGBTQ+ Individuals.

Objectives

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1. Ensure staff training on diversity, equity, and inclusion (DEI) to ensure effective outreach and interactions with all communities.

Timeline: 10/01/2022 to 09/30/2025

Progress

R3A recognizes the critical importance of promoting DEI within its organization and the wider community. To further this goal, R3A has assigned two representatives to the DEI committee within the Local Health Department, which has made significant progress in identifying and implementing DEI-related education opportunities.

R3A's staff members have taken a leadership role in developing a Juneteenth Learning Luncheon, which was attended by R3A, Health Department, and County Government leadership positions. The event provided a valuable opportunity for attendees to learn more about the historical significance of Juneteenth and to deepen their understanding of DEI issues more broadly. In 2023, Kalamazoo County Government Recognized Juneteenth as an official local holiday.

R3A's staff members continue to be actively involved in the DEI Committee, which regularly reports recommendations to the local Health Officer and the DEI Director of the County. Through its participation in the committee, R3A continues its commitment to promoting DEI and working collaboratively with other stakeholders to effect meaningful change in the community.

R3A continues to track all trainings for staff members, additionally ensuring that training related to DEI is present and increasing. Additionally, as part of vendor/provider assessments, detailed records are inquired with each provider for all trainings for staff members, including DEI related trainings.

R3A, in coordination with the Kalamazoo Health & Community Services health department, have identified the most common languages as Spanish, French, and Arabic. HCS and R3A are in the process of increasing translation service availability, including working with the HCS Public Information Office for translation of printed documents and social media posts, as well as utilizing a telephonic translator services for face-to-face visits as needed/requested. Older adults are asked about preferred language use upon initial screening/interaction for AAA services.

R3A continues to update screening tools to ensure services are accessible and effective within the PSA. Currently R3A is updating it's primary, ongoing screening survey that is provided through Information & Assistance. This includes messaging effectiveness, resource availability, and likeliness to reach out again for R3A related services. DEI considerations are taken into consideration for this screening, including the need for translating the document. Data is collected to measure ongoing progress related to services rendered to BIPOC and LGBTQ+ older adults in the region. R3A expects to see an increasing, or consistently high satisfaction reported amongst these screening fields.

Lastly, as of May 2023, R3A is working to establish ongoing drop-in hours at OutFront Kalamazoo - a local organization serving the LGBTQ+ Community.

2. Ensure internal policies and procedures support the outreach and delivery of services for People of Color, Immigrants, and LGBTQ+ individuals.

Timeline: 10/01/2022 to 09/30/2025

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Progress

R3A has two representatives assigned to the Diversity, Equity, and Inclusion committee within the Local Health Department. This committee has advanced this goal through the ongoing evaluation of programmatic policies and procedures of the Local Health Department - the Department in which R3A is located. This year, R3A has made advancements in accessibility by increasing it's physical presence in the community. Outreach initiatives include "on-site" AAA office hours within community organizations that service the diverse population of the PSA. Additionally, R3A continues to work with local organizations and participate in outreach events that represent People of Color, Immigrants, and the LGBTQ+ community.

B. Maintain and increase staffing to support the Aging Community.

Objectives

1. Support external staffing needs of community partners and services (Direct Care Workers). Timeline: 10/01/2022 to 09/30/2025

Progress

R3A's commitment to advocating for the needs of its direct care worker community has been a top priority. As part of this effort, R3A has established a strong partnership with the Kalamazoo County Advocates for Senior Issues, which has enabled them to coordinate their efforts and advance their common goals. Together, the organizations are developing a comprehensive outreach and recognition event aimed at raising awareness and support from both local and state leaders for the DCW workforce.

R3A's participation in this event has been instrumental, as they have provided valuable data and insights to ensure the event's ongoing planning and success. This collaboration serves as a powerful testament to R3A's unwavering dedication to supporting the DCW community and advocating for their rights and needs. As of now, the event is scheduled for Fall of 2023, and R3A remains committed to making it a resounding success that will bring much-needed attention to the important role of direct care workers in our society.

Lastly, R3A is committed to supporting its direct care workers and ensuring that they receive the compensation they deserve for the valuable services they provide. To this end, R3A has begun the process of utilizing its local Senior Millage to expand upon the Older Americans Act (OAA) DCW Reimbursement program. This approach will ensure that all DCWs are reimbursed for their services, regardless of the funding source.

2. Increase and maintain internal staffing of AAAIIIA to ensure delivery of services and community support. Timeline: 10/01/2022 to 09/30/2025

Progress

As a part of local county government, R3A has been actively engaged in efforts to improve the wages and longevity of its employees. R3A participated in a County Government-wide initiative aimed at making wages more competitive, which has involved providing valuable position-related insights and recommendations to ensure the success of the initiative. Through its involvement, R3A has demonstrated its commitment to ensuring that its employees are well-compensated and valued for their contributions, resulting in high-quality services being rendered to the PSA.

In addition to its participation in the county-wide initiative, R3A is currently in the process of reorganizing its staffing to better meet its long-term service needs. This initiative is a reflection of R3A's commitment to

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ensuring that its services are always delivered with the highest level of quality and efficiency. R3A is working closely with its staff and stakeholders to identify the best strategies for meeting its long-term goals while ensuring that its staffing needs are met. Through the Multi-Year plan, R3A remains committed to continuously improving its operations and services for the benefit of its employees and the community it serves.

C. Empower community with Aging resources and knowledge.

Objectives

1. Increase methods in which Aging resources can be accessed.

Timeline: 10/01/2022 to 09/30/2025

Progress

R3A understands the critical needs of the community in the aftermath of the Public Health Emergency and the COVID-19 Pandemic. Despite the challenges presented by the pandemic, R3A remained committed to providing essential services to the community, which were implemented at a high rate. However, R3A's needs assessment and service data trends during the pandemic reinforced the need for services to be more widely available in multiple areas of the PSA.

To address this need, R3A has taken proactive steps to develop on-site office hours within trusted community organizations. This approach is designed to increase awareness of services and reestablish the value of face-to-face availability, particularly in areas where access to services may be limited. By partnering with trusted community organizations, R3A is enhancing its ability to reach underserved populations and provide the critical support they need.

In addition to these efforts, R3A has already begun planning and implementing its local "Senior Expo" - its largest outreach event. This year's event is particularly significant, as it marks the return of the Senior Expo after a hiatus during the COVID-19 pandemic. The event is expected to draw in over 2000 participants and over 100 service providers in the area, making it a crucial opportunity for R3A to connect with the community and showcase its services. The Senior Expo is currently scheduled for October 3, 2023, and R3A is committed to ensuring that it is a resounding success that will help to meet the critical needs of the community.

D. Ensure continuity of care across all services and funding sources.

Objectives

1. Review and update internal processes and procedures to ensure services received are accessible, continuous, and effective.

Timeline: 10/01/2022 to 09/30/2025

Progress

R3A is collaborating closely with the Kalamazoo County Government Finance department to streamline the allocation of funds for service implementation. This effort involves maximizing the utilization of available resources, such as the local senior millage budget, by increasing services in proportion to estimated revenue growth. Furthermore, R3A aims to fully leverage ARP funding for FY 2023-2024 to ensure that care managers can access all available funding sources, thus expanding service availability for all clients.

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Additionally, R3A is assessing the funding availability to enhance its Information & Assistance program to meet the growing needs of the community. This process will expedite the delivery of information or resources to individuals accessing the program and ensure appropriate follow-up. Augmenting staffing will allow for more frequent resource updates, including identifying new resources and updating current ones for those within the service area

E. Expand supportive and advocacy related services.

Objectives

1. Complete a new Senior Needs Assessment for the Service Area to identify needs, gaps in services, and available providers.

Timeline: 10/01/2022 to 09/30/2025

Progress

As of May 2023, R3A is nearing completion of the 2023 Senior Needs Assessment and is preparing to release it. The needs identified through this assessment have already provided guidance for the allocation of funding and the development of new services. As a result, R3A has expanded its provider pool, with a nearly double increase in the number of contracted services funded by the local senior millage and Older Americans Act.

Moreover, R3A is in the final stages of seeking approval from the local Board of Commissioners to broaden its services to veterans aged 60 and above. This initiative will be funded by the local senior millage and carried out in partnership with the Local Veteran Service Office (VSO), which is part of the local health department. Through this collaboration, R3A aims to address unmet dental, hearing, and vision needs of senior veterans.

2. Review staffing needs to support new programmatic initiatives.

Timeline: 10/01/2022 to 09/30/2025

Progress

R3A is currently undergoing a major program reorganization to address various needs, such as reducing the waitlist for Care Management services, accommodating a higher acuity of newly enrolled clients, and managing the increasing costs of services. Additionally, the reorganization will help to manage the growing volume of service contracts and quality assurance assessments. This initiative will expedite the delivery of new programmatic initiatives, such as the R3A's Senior Expo, on-site outreach, MMAP educational events, and Caregiver Support Day.

3. Review and update advocacy efforts to be in line with ACLS expectations.

Timeline: 10/01/2022 to 09/30/2025

Progress

R3A is actively collaborating with County Government Administration to identify suitable opportunities for advocacy efforts. Furthermore, R3A maintains close partnerships with the local Senior Advocacy Group and receives valuable feedback from its Older Adult Services Advisory Council (OASAC). R3A is also working towards reinstating the local Elder Abuse Prevention Coalition, which had been temporarily put on hold due to staffing limitations.

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2025 Program Development Objectives

FY 2025 AIP COLLABORATION WITH STATE PLAN GOALS

Please provide information for any new goals and objectives that are proposed by the AAA during FY 2025.

<u>Instructions</u>

The AAA may enter a new goal in the appropriate text box. It is acceptable, though not required, if some of the AAA's goals correspond to the ACLS Bureau's state plan goals. There is an entry box to identify which, if any, state plan goal(s) correlate with the entered goal. See the Document Library for Michigan's State Plan on Aging for FY 2024 – FY 2026.

A narrative for each goal should be entered in the appropriate text box. Enter objectives related to each program development goal in the appropriate text box.

Complete the information in the text boxes for the timeline, planned activities and expected outcomes for each objective (see Document Library for additional instructions on completing this section).

Area Agency on Aging Goal A. State Goal Match: Narrative Objectives 1. Timeline: to Activities

Expected Outcome

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Supplemental Documents

Document A: Policy Board Membership (Required).

Document B: Advisory Council Membership (Required).

SUPPLEMENTAL DOCUMENTS FOR SPECIAL APPROVAL

Select the supplemental document(s) from the list below <u>only if applicable to the AAA's FY 2025 AIP</u>. Provide all requested information for each selected document. Note that older versions of these documents will not be accepted and should not be uploaded as separate documents.

Document C: Proposal Selection Criteria - <u>should only be completed if there are new or changed criteria for selecting providers</u> (only if applicable).

Document D: Cash-In-Lieu-Of-Commodity Agreement (only if applicable).

Document E: Waiver of Minimum Percentage of a Priority Service Category (only if applicable).

Document F: Request to Transfer Funds (only if applicable).

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SUPPLEMENTAL DOCUMENT A Board of Directors Membership

	Asian	Black or African American	American Indian or Alaska Native	Hispanic or Latino	Native Hawaiian or Other Pacific	Middle Eastern or North African	White	Total Members hip
Membership Demographics	0	0	0	0	0	0	0	0
Age 60 and Over	0	0	0	0	0	0	0	0
Identifies as Female	0	0	0	0	0	0	0	0
Identifies as Male	0	0	0	0	0	0	0	0
Identifies as Transgender, Non-Binary, or Another Gender	0	0	0	0	0	0	0	0
Gender Undisclosed or Declined to Answer	0	0	0	0	0	0	0	0
Persons with Disabilities	0	0	0	0	0	0	0	0
Persons who Served in the US Military	0	0	0	0	0	0	0	0

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Board Member Name	Geographic Area	Affiliation	Membership Status
Tami Rey	Kalamazoo Co. District 1	Kalamazoo County Board of Commissioners	Elected Official
Jen Strebs	Kalamazoo Co. District 2	Kalamazoo County Board of Commissioners	Elected Official
Monteze Morales	Kalamazoo Co. District 3	Kalamazoo County Board of Commissioners	Elected Official
Abigail Wheeler	Kalamazoo Co. District 4	Kalamazoo County Board of Commissioners	Elected Official
John Taylor	Kalamazoo Co. District 5	Kalamazoo County Board of Commissioners	Elected Official
John Gisler	Kalamazoo Co. District 6	Kalamazoo County Board of Commissioners	Elected Official
Jeff Heppler	Kalamazoo Co. District 7	Kalamazoo County Board of Commissioners	Elected Official
Wendy Mazer	Kalamazoo Co. District 8	Kalamazoo County Board of Commissioners	Elected Official
Dale Deleeuw	Kalamazoo Co. District 9	Kalamazoo County Board of Commissioners	Elected Official

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SUPPLEMENTAL DOCUMENT B Advisory Board Membership

	Asian	Black or African American	American Indian or Alaska Native	Hispanic or Latino	Native Hawaiian or Other Pacific	Middle Eastern or North African	White	Total Members hip
Membership Demographics	0	0	0	0	0	0	0	0
Age 60 and Over	0	0	0	0	0	0	0	0
Identifies as Female	0	0	0	0	0	0	0	0
Identifies as Male	0	0	0	0	0	0	0	0
Identifies as Transgender, Non-Binary, or Another Gender	0	0	0	0	0	0	0	0
Gender Undisclosed or Declined to Answer	0	0	0	0	0	0	0	0
Persons with Disabilities	0	0	0	0	0	0	0	0
Persons who Served in the US Military	0	0	0	0	0	0	0	0

Board Member Name	Geographic Area	Affiliation
Kelly Quardokus, Chair	Kalamazoo County	Q Elder Law, Lending Hands, OASAC Chair
Tim Charron, Vice-Chair	Kalamazoo County	OASAC Vice-Chair
Abby Finn	Kalamazoo County	Shepherd's Center, CLO, OASAC Member
Dr. Angela Groves	Kalamazoo County	Ecumenical Senior Center, WMED, OASAC Member
Richard Kline	Kalamazoo County	Gryphon Place, MHCSN, MSS, OASAC Member
Kimberly Middleton	Kalamazoo County	Portage Senior Center, OASAC

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		Member
Stan Runyon	Kalamazoo County	OASAC Member
Alexandra Doran	Kalamazoo County	MSS, WMED, OASAC Member
Sharon Anderson-Western	Kalamazoo County	OASAC Member
Victoria Martin	Kalamazoo County	Friendship Village, WMU, KCASI, OASAC Member
Commissioner Wendy Mazer	Kalamazoo County	Kalamazoo Co. Commissioner, OASAC Member
Commissioner John Gisler	Kalamazoo County	Kalamazoo Co. Commissioner, OASAC Member

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SUPPLEMENTAL DOCUMENT D

Agreement for Receipt of Supplemental Cash-In-Lieu of Commodity Payments for the Nutrition Program for the Elderly

The above identified Area on Aging Agency (hereinafter referred to as the GRANTEE), under contract with the Bureau of Aging, Community Living, and Supports (ACLS) affirms that its contractor(s) at NSIP- Only Sites or Nutrition Programs have secured other sources of funding, such as public funds (e.g., millage, city, county) and private funds (e.g., contributions, fundraising, foundation grants) for additional meals for senior citizens which is not included in the current fiscal year (see above) application and contract as approved by the GRANTEE.

These meals are administered by the contractor(s) as NSIP-Only Sites or Nutrition Programs (using non-AAA OAA and state funds), and the meals served are in compliance with all State and Federal requirements applicable to Title III, Part C of the Older Americans Act of 1965, as amended.

The GRANTEE attests that each NSIP-Only Site(s) or Nutrition Program(s) meets the below requirements:

- A signed contract or Memorandum of Agreement in place detailing the nutrition requirements for the meals
- The mechanism for distributing NSIP-only funds, e.g., per meal rate, percentage of total
- Written plan for assessment of site based on Title IIIC requirements

The GRANTEE also affirms that the cash-in-lieu reimbursement will be used exclusively to purchase domestic agricultural products and will provide separate accounting for receipt of these funds.) meets

Name of NSIP Only Site and/or Nutrition Program	Estimated Number of Meals to be Produced with NSIP Funding for Fiscal		
Milestone Senior Services	7,000.000000		

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SUPPLEMENTAL DOCUMENT F Request to Transfer Funds

1	The Area Agency on Aging requests approval to transfer funds from Title III-B Supportive Services to Title III-C Nutrition Services. The Agency assures that this action will not result in a reduction in support for in-home services and senior center staffing. Rationale for this request is below.	Amount of Transfer 0
2	The Area Agency on Aging requests approval to transfer funds from Title III-C1 Congregate Nutrition Services to Title III-B Supportive Services for in-home services. The rationale as to why congregate participation cannot be increased is described below.	Amount of Transfer 0
3	The Area Agency on Aging requests approval to transfer funds from Title III-C1 Congregate Nutrition to Title III-B Supportive Services for participant transportation to and from meal sites to possibly increase participation in the Congregate Nutrition Program. Rationale for this request is below.	Amount of Transfer 0

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Planned Service Array

Complete the FY 2025 AIP Planned Service Array form for your PSA. Indicate the appropriate placement for each ACLS Bureau service category and regional service definition. Unless noted otherwise, services are understood to be available PSA-wide.

	Access	In-Home	Community
Provided by Area Agency	Care Management Case Coordination and Support Information and Assistance Outreach		Long-term Care Ombudsman/Advocacy Counseling Services
Contracted by Area Agency	Transportation	Home Injury Control Homemaking Home Delivered Meals Medication Management Personal Care Assistive Devices & Technologies Respite Care	Adult Day Services Congregate Meals Disease Prevention/Health Promotion Legal Assistance Caregiver Supplemental Services
Local Millage Funded	Care Management Information and Assistance Transportation	Chore Home Injury Control Homemaking Home Delivered Meals Medication Management Personal Care Assistive Devices & Technologies Respite Care	Adult Day Services Congregate Meals Disease Prevention/Health Promotion Assistance to the Hearing Impaired and Deaf Home Repair Legal Assistance Senior Center Operations Senior Center Staffing Vision Services
Participant Private Pay		Homemaking Home Delivered Meals Medication Management Personal Care Assistive Devices & Technologies Respite Care	Adult Day Services Assistance to the Hearing Impaired and Deaf Vision Services
Funded by Other Sources	Care Management		

^{*} Not PSA-wide

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Planned Service Array Narrative

Describe the area agency's rationale/strategy for selecting the services funded under the AIP in contrast to services funded by other resources within the PSA, especially for services not available PSA-wide.

Instructions

Use the provided text box to detail the Planned Service Array narrative.

Region 3A utilizes the following for selecting services funded under the AIP:

Community Needs Assessment. Region 3A used two sources for the 2024-2025 AIP: The 2023 Community Needs Assessment, and the 2023 Senior Expo Survey. Both surveys provided over 700 responses into the reported needs from older adults, caregivers, residents, and professionals. Findings were used to guide allocation of funding from OAA grants, as well as the local Senior Millage.

Insight from Advisory Council: Region 3A seeks insight into the annual implementation plans, services, funding amounts, and measurement of needs from it's Advisory Council, (OASAC). OASAC members, which consists of 2 County Commissioners, are able to review programmatic information (including needs assessments, financial reports, and program enrollment/service statistics) to ensure appropriate services are explored and implemented.

During the RFP process for OAA and Senior Millage services, Region 3A does expect availability of services to all townships within the PSA.